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Tyndall Air Force Base, Fla. *Gulf Defender*

Feb. 11, 2000



Courtesy of the United States Army Golden Knights

Jumping with precision

Members of the United States Army Parachute Team, the Golden Knights, show off their aerial acrobatics during a jump. The team, which is going to be one of the many acts at Tyndall's Gulf Coast Salute 2000 open house April 1, has some of the best parachutists in the world. Each year they perform more than 26,000 jumps before an estimated 12 million people during live-aerial demonstrations.

Four 325th MDG members named best

Senior Airman Oshawn Jefferson

325th Fighter Wing
public affairs

Air Education and Training Command named its 1999 Medical Professional of the Year award winners and four of Team Tyndall's finest were singled out as the best of the best.

Team Tyndall's winners are: **Staff Sgt. Kara L. Carney**, 325th Dental Squadron dental technician, Dental Airman of the Year; **Master Sgt. Lorna J. Banks**, 325th Aerospace Medical Squadron optometry clinic NCOIC, Ophthalmic Senior NCO of the Year; **1st Lt. Christopher R. Bishop**, 325th AMDS Bioenvironmental Engineering Element Chief, Bioenvironmental Engineering Company Grade Officer of the Year and **Capt. Lawrence D. Peavler**, 325th Medical Operations Squadron physician assistant Physician Assistant of the Year.

Carney, a native of Picture Rocks, Pa., assisted in the treatment of more than 3,996 patients during Fiscal 1999. Responsible for instrument sterilization and radiograph expo-

sure for 11 providers, Carney set the pace maintaining the treatment rooms with outstanding readiness. She exceeded stringent infection control and cleanliness standards passing with a 100 percent on all inspections. She is the cornerstone of the records and reception section of the dental squadron, helping to service more than 21,000 patients. She helped cut "no shows" by 50 percent with patient-reminder calls.

"It's very rewarding to be recognized for my hard work," Carney said. "It just shows my dedication to AETC and the Air Force as a whole."

Banks, a native of Mount Vernon, N.Y., initiated flightline visits to all flying squadrons, ensuring 100 percent compliance with Air Force Surgeon General mandated guidelines on use of contact lenses and solutions used by aviators on the soft contact-lense program. She was also hand-picked to represent AETC as a subject matter expert to rewrite the Optometry Technician Specialty Knowledge Test. In

Tyndall prepares for Gulf Coast Salute 2000

2nd Lt. Catie Devlin

325th Fighter Wing
public affairs

Team Tyndall is gearing up for the Gulf Coast Salute 2000 which is scheduled for 9 a.m.-5 p.m. April 1 on the flightline side of the base.

This free event is open to the public and is in honor of the local community.

"It's our way of thanking our friends and neighbors for their unwavering support throughout the years," said Brig. Gen. Walter E. Buchanan III, 325th Fighter Wing commander.

The headline act for this year's open house is the United States Army Parachute Team, the Golden Knights. Now in their 41st

year of entertaining, the team has performed aerial acrobatics and precision landings in more than 8,500 live aerial demonstrations. "The soldiers who wear the black and gold colors of the team are some of the finest in today's army," said Lt. Col. David T. Stahl, Golden Knights commander.

Along with the Golden Knights, at least nine other aerial demonstrations are scheduled, including an F-15 demonstration team from Eglin AFB, the 12th Air Force A-10 Demonstration Team from Davis-Monthan AFB, Ariz., and a B-24 Liberator and B-17 Flying Fortress fly-by.

Other events include the Red Eagle Airshow Team, the North American Aerobatic Team, a mock battle by the Army Aviation Historical Society and a World War II Yak-3 fighter solo.

The "world's fastest 1957 Chevy pickup truck," the Super Shockwave Jet Truck, will also be at the show,

using its two Pratt and Whitney F-100 turbofan engines to 'fly' down Tyndall's runway at more than 300 mph.

As for the static displays, the QF-4 Phantom, T-38 Talon, T-37, EC-130 Hercules, MIG-23 Flogger, MU-2 and Tyndall's own F-15 Eagles will be a few of the aircraft parked on the flightline for everyone's viewing pleasure.

Children will even be able to ride push-pedal planes and test out flight simulators as part of the "Air Play Arcade" children's playground.

"We have something for everyone to enjoy," said Maj. Allen Hicks, Tyndall's open house chairman. "It's a great family event for 'kids' of all ages, from one to 92."

The first event to kick off Tyndall's open house is the Gulf Coast Salute 2000 Regatta. This boat race is scheduled for 11 a.m. March 25. For more information or to pre-register, call Tyndall's Beacon Beach Marina Club, 283-3059.

The Gulf Coast Salute Fun Run will also be held again this year. This is a 5K race around Tyndall's flightline, planned for 8 a.m. April 1 as the first activity on the day of the open house. It begins at Maxwell Flag Park and ends at "show center." For more information, call the Tyndall Sports and Fitness Center, 283-2631.

With sailing and running, parachuting and flying, "we're definitely taking fun into the next millennium," Buchanan said. "I can't wait to see you all there."

For more information on the Gulf Coast Salute 2000, call the 325th FW public affairs office, 283-2983 or go to the "airshow" web page on the Tyndall web site at: www.tyndall.af.mil.

●AWARD from Page 1

addition, Banks’ proactive managementresultedinprocurementof\$35,000 in state-of-the-art equipment, ensuring Y2K compliance for the optometry clinic.

“I am very honored to have been nominated by my supervisors for this award,” said Banks, who has won this award two years in a row. “I would like to thank God for bringing me this far, and my family and my extended military family for their support during my career.”

Bishop, a native of Fulton, Miss., orchestrated the first-ever report on the drinking water quality at Tyndall. Putting the information in an easy-to-read format, Bishop ensured everyone had the data which proved their drinking water was safe to drink. Bishop also advocated cutting-edge air-pollution technology at the corrosion-

control facility that has the potential to destroy more than 22,000 pounds of toxic chemicals per year in the air we breathe. He also identified an unsafe breathing air-compressor system. His fast action and explanation of hazards got the system taken out immediately.

“While I appreciate this honor, I realize that this award is not a reflection of my accomplishments, but the time and effort put forth by the bioenvironmental engineering flight, my supervisors and commanders,” Bishop said. “Themissiontopromoteahealthy workplace and protect the environment is not solely the responsibility of Team Aerospace and the 325th Medical Group but an effort by every Tyndall member. Thank you for your dedication and efforts.”

Peavler, a native of Jacksonville, provided high quality care to more than 48,000 patients in one of the most

demanding clinics in the 325th Medical Group — the pediatrics clinic. He was the number one care provider requested in both the pediatrics clinic and family practice clinic. Peavler performed more than 250 preventive health screenings that greatly enhanced Team Tyndall’s overall wellness.

He planned, oversaw and documented training for 30 care providers and helped forge a cohesive and proficient unit. Peavler also helped provide medical support to more than 100,000 attendees at the 325th Fighter Wing’s open house. He assisted in the care of 25 patients, including two cases requiring urgent medical treatment.

“I am very honored to be a representative of physician assistants throughout my command,” Peavler said. “I work with some of the finest PAs there are.”

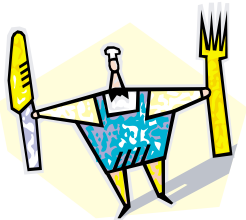
What’s cooking?

Lunch buffet
at the
Pelican Reef
Enlisted
Club

11 a.m. - 1 p.m.

Monday
Tuesday
Wednesday
Thursday
Friday

Chef’s choice
Sirloin steak
Carve station
Country food
Seafood



Tyndall members use deployments as source of training

Senior Airman Oshawn Jefferson
325th Fighter Wing
public affairs

As Tyndall goes through its mission of training the world’s best air superiority team for the Air Force, some may forget about the big picture — our role in real-world contingencies. Team Tyndall’s pilots and maintenance personnel keep their skills sharp through deployments.

“Deploying provides valuable training for all our fighter squadrons,” said Lt. Col. Dave Freaney, 95th Fighter

Squadron operations officer. “Deployments help build “esprit de corps” between operations and maintenance troops, help with team building and provide valuable training on how to prepare for a real-world deployment.”

Tyndall’s fightersquadrons deploy to such places as Nellis AFB, Nev., Key West Naval Air Station, and Luke AFB, Ariz.

Members of the 2nd Fighter Squadron are deploying to Key West NAS Saturday through Feb. 26. They will be participating in dissimilar air combat

training with members from the Navy Strike Fighter Squadron 22 stationed at Lemoore NAS, Calif., who will be bringing six F-18 Hornets.

“DACT with the Navy at a deployment location enhances the 325th Fighter Wing instructor pilots’ combat and instructional capabilities,” said Lt. Col. Gil Southard, 2nd FS commander.

The 2nd FS, which will be taking 78 personnel to include six civilians and one guard pilot, will benefit from the joint combat experience.

“Flying from a deployed location is

an important experience for instructor pilots and maintainers,” said Capt. Joseph Granducci, 2nd FS instructor pilot and Key West deployment project officer. “Few combat operations are flown from Tyndall, so this is a great way to keep those combat skills sharp.”

The 1st Fighter Squadron is currently deployed to Luke AFB, flying dissimilar aircraft combat training against Luke’s F-16 fight pilots assignd to the 308th Fighter Squadron.

“The exchange of information that goes on during a DACT at Luke is excel-

lent,” said Lt. Col. Frank Palumbo, 1st FS commander. “Going there not only gives us a chance to fly with different aircraft, but because both our squadron and the 308th are in the business of training student pilots, our visits there allow us to see how they train at Luke.”

The 1st FS is flying more than 80 air-to-air sorties providing adversary training to F-16 student pilots, giving them their first exposure to DACT and a chance to perform basic fighter and air combat maneuvers.

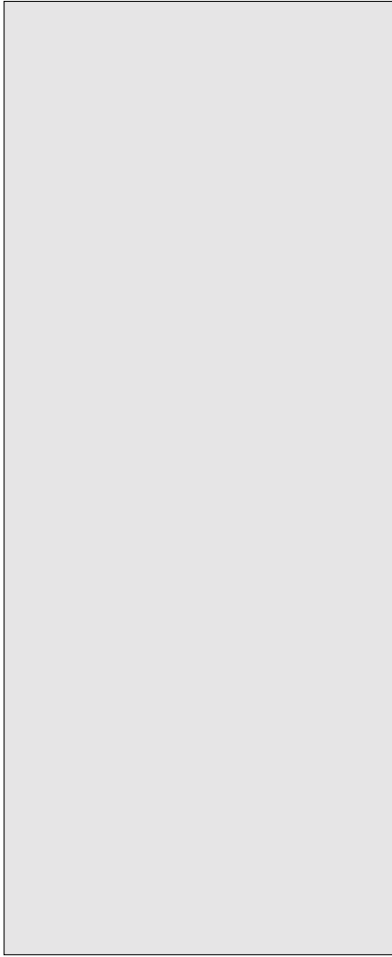
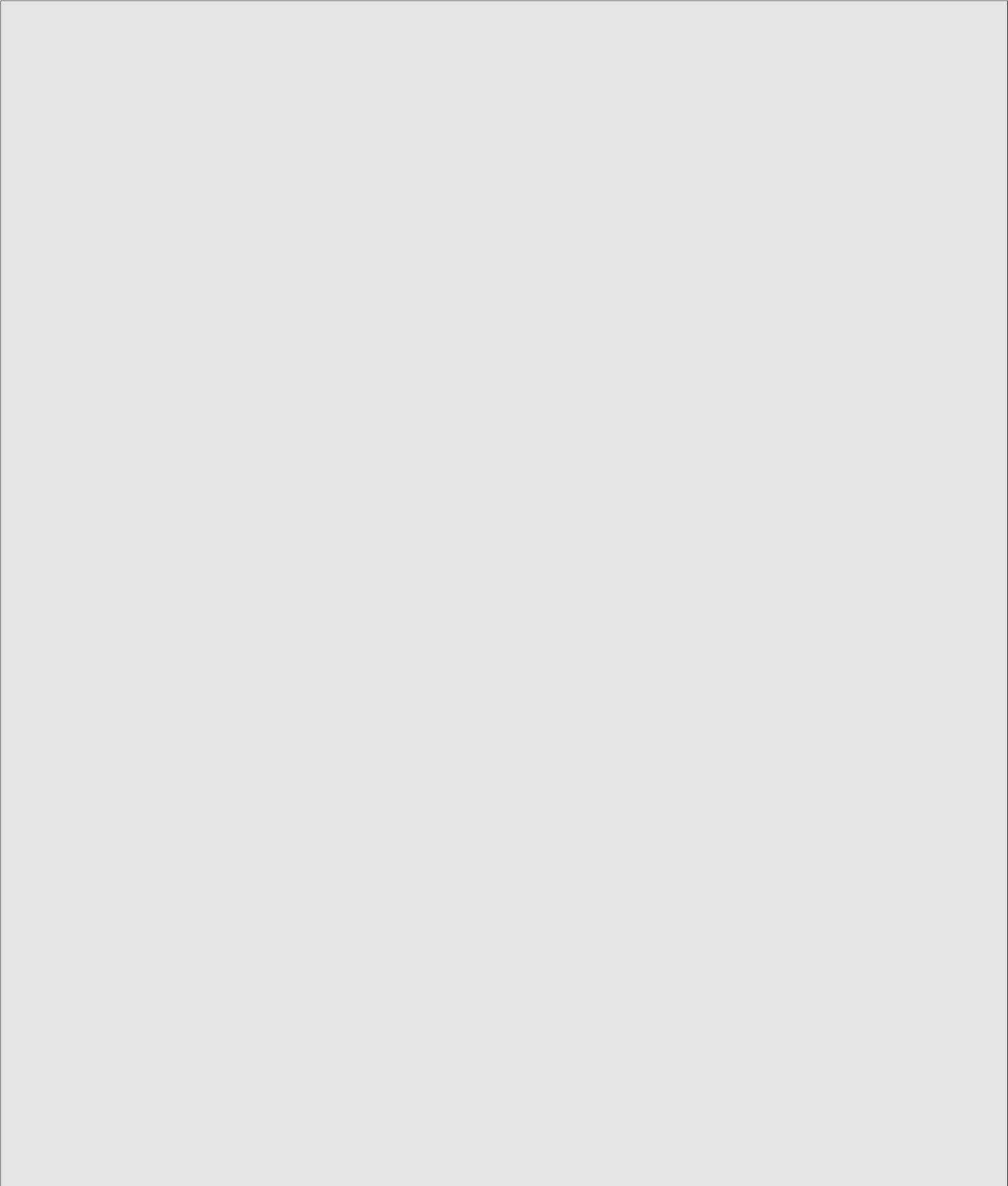
“Not only do the students benefit from this training, but the instructor pilots do as well,” said Capt. Scott Reinhard, 308th FS F-16 instructor pilot. “DACT training gives F-16 and F-15 instructors a chance to exchange ideas, learn more about each other’s aircraft and discuss different ways to enhance training.”

The 1st FS visit is part of an ongoing exchange that occurs between the 325th FW and 56th FW. At various times throughout the year, Luke AFB F-16 instructor pilots are given the opportunity to help train F-15 student pilots at Tyndall. During these exchanges, they have the chance to sharpen their skills with more experienced pilots in a teaching environment.

The 95th FS recently returned from Nellis AFB after helping lend support to the weapons school there by providing quality adversary support to weapons school students.

Weapons school students are picked from the top 1 percent of pilots at their respective squadrons around the Air Force. Pilots who attend the school become the weapons and tactics experts on their particular aircraft.

“The biggest benefit of these deployments is a fully-trained pilot who passes their knowledge on to other pilots,” Freaney said.



Take the steps to protect your home, belongings from a house fire

Robert Anderson
*325th Civil Engineer Squadron
fire prevention, assistant chief*
A Team Tyndall family recently saw first hand how a fire could disrupt their lives.

On Feb. 3 a fire occurred in the kitchen area of their Wood Manor family-housing unit. Base firefighters quickly responded and efficiently extinguished the fire. Fortunately there were no injuries, and damage was limited to \$3,800 in government and personal property.

Although the fire is still under investigation, the following lessons were learned as a result of the fire.

- If you don’t have a fire extinguisher in your home, get one. It is

recommended that you purchase a five pound ABC extinguisher at a minimum. With this rating, the extinguisher can be used for ordinary combustibles, flammable liquids and electrical fires that may occur in your home.

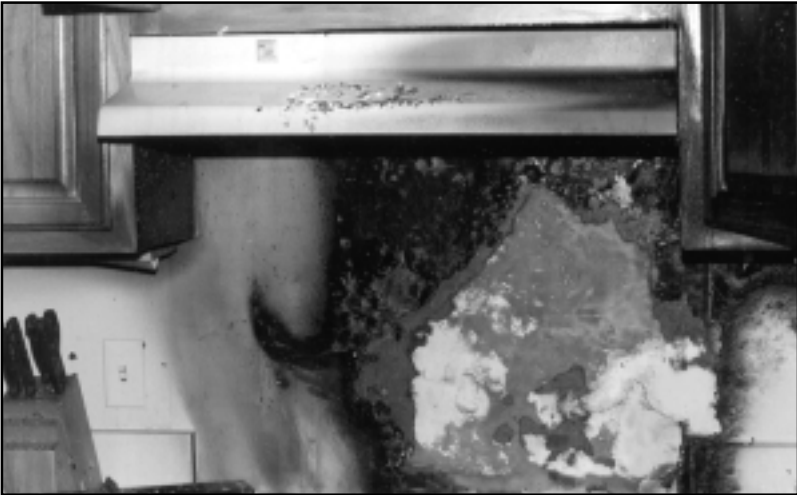
- If you discover a fire, call the fire department immediately via 911 from a fire-safe area, even if you have to use a neighbor’s phone. If you try to extinguish the fire first, this will only delay the fire department’s response, possibly causing additional fire damage if the attempt to extinguish the fire is unsuccessful. You must remember that most portable extinguishers empty in eight to 10 seconds.

- Never use the oven or broiler compartments for storage of baking

pans or other items. If the oven or broiler is in use, the pans will get extremely hot and can cause severe burns if you come in contact with them. In addition, if you use the oven as a storage compartment you may accidentally store a combustible item in the oven causing it to melt and catch on fire.

Fires can happen to anyone at any time. While these are only a few fire-safety tips, they are all important. It’s essential to review, update and practice your home fire-safety program and allow all family members to share in its development.

For additional information about fire prevention, call the fire protection flight, 286-2909.



Jim Bellesbach

A recent kitchen fire in a Wood Manor family-housing unit resulted in \$3,800 worth of damage.

Viewpoint

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Editorial content is edited, prepared and provided by the public affairs office at Tyndall. All photographs are U.S. Air Force photos unless otherwise noted.

The deadline for article submissions to the *Gulf Defender* is 4 p.m. Friday, prior to the week of publication unless otherwise noted. Articles must be typed and double-spaced, preferably on a 3.5-inch disc. Stories should be submitted directly to the public affairs office, Building 662, Room 129, or mailed to: 325 FW/PAI, 445 Suwannee Ave., Tyndall AFB, FL, 32403-5425. Public affairs staff members edit all material for accuracy, brevity, clarity, conformity to regulations and journalistic style. The delivery of the *Gulf Defender* to Tyndall base housing sections is provided by the *Panama City News Herald*.

For more information, or to advertise in the newspaper, call (850) 747-5000.

Safety stats

Category	'00	'99	Trend
On duty	0	0	0
Off duty	2	1	+1
Traffic	0	0	0
Sports	0	1	-1
Fatalities	0	0	0
DUIs	3	5	-2



Commander's corner:

Team Tyndall members take time to honor veterans Monday

Brig. Gen. Walter E. Buchanan III
325th Fighter Wing commander

February is an extremely busy month! Between honoring our **1999 Team Tyndall winners**, celebrating **African American Heritage Month**, gearing up for our **Gulf Coast Salute Open House** and successfully executing Tyndall's mission, our days seem jam packed. However, I'm asking all of you to take time out of your busy schedules to recognize those who *fought, defended and sacrificed* for this great nation of ours. Let's take some time to say **'thank you' to our veterans!**

Each year on Feb. 14, Valentine's Day, **Team Tyndall** participates in a program known as **'Valentines for Vets.'** We visit veterans in eight nursing centers around the area to personally let them know that their *'service before self'* is not forgotten and will always be appreciated!

This year's event, sponsored by **Tyndall's Active Airmen Association**, and led by **Senior Airman Amy Delvalle**, TAAA president, will be Monday. Please join us! Take a couple of hours out of your day to thank those who proceeded us in military service — men and women who bravely served to uphold the same freedoms we protect today.

Today is the last day to volunteer for this worthwhile event! To

get involved, call **Senior Airman Delvalle, 283-2009**.

February is also the time of year when Tyndall's best are recognized for their accomplishments. For 1999, we have 63 nominees who have been selected to compete for **Team Tyndall's annual awards!** The banquet will be 6 p.m. Saturday at the Pelican Reef Enlisted Club.

Good luck. You've *all* done an outstanding job exemplifying the core value *'excellence in all we do.'* I honestly believe that any one of you could represent us at Air Force!

On top of everything else, Tyndall's gearing up for the first **Gulf Coast Salute Open House** of the new millennium! Scheduled for 9 a.m.-5 p.m. April 1, **Maj. Allen Hicks**, Tyndall's open house chairman, and the many members of his team are working hard to make this year's air show our best yet!

The **Army's Golden Knights Parachute Team** will be here, along with a number of other aerial acts and displays. And don't worry, the *Super Shockwave*, "the world's fastest 1957 Chevy pickup truck," will once again be making its way down Tyndall's runway at more than 300 mph. **We're definitely taking fun into the next millennium!**

For more information on Tyndall's open house, see the article on *Page 1* and look for more information in coming weeks.

Have a great Air Force week.

Action Line



Lisa Carroll

Tech. Sgt. Allen Miller, 1st Fighter Squadron weapons expeditor, receives a plaque from Brig. Gen. Buck Buchanan, 325th Fighter Wing commander, for winning the quarterly weapons safety award.

The Action Line is your direct line to me. It is one way to make Tyndall a better place to work and live.

Action Line calls are recorded and staffed through the proper agency. The goal is to provide you with an accurate, timely response. You must leave your name, phone number or address to receive a response.

Questions or comments of general interest will be published in this forum. This avenue should only be used after coordinating problems or concerns with supervisors,

commanders, first sergeants or facility managers. If you're not satisfied with the response or you are unable to resolve the problem, call me at 283-2255.

For **fraud, waste and abuse** calls, you should talk to the office of inspections, 283-4646. Calls concerning **energy abuse** should be referred to the energy hot line, 283-3995.

Brig. Gen. Walter E. Buchanan III
325th Fighter Wing commander

Enjoy the great opportunities the AF offers

Chief Master Sgt. Charlie Adams
325th Services Squadron first sergeant

I've been around for a while, and it never ceases to amaze me how perceptions differ depending on the person who's talking.

During the 22 plus years I've been in the Air Force and the 10 moves I have experienced, the debate goes on about one's duty location.

One person may say, "This is the worst place I've ever lived." Another person may say, "This place is great." Believe me, I have heard them all, and I must admit that in the past I have been guilty of being on both sides of the fence.

The first couple of times duty called me away from the surround-

ings I grew up in, I, like most of us, developed a little homesickness. Being in a strange place with no friends was somewhat depressing. I seemed to criticize and notice everything that could possibly be negative about my new location. In each case, I found that the longer I remained at the new location, I actually began finding things to do and people I enjoyed spending time with. When it came time to depart from that location, I always left a piece of myself there, wherever it was.

As I matured in my career, I found myself looking forward to my next assignment. When I arrived at my new duty location, I searched for, and found, new people and experiences to enjoy.

I can't express the excitement and enthusiasm I felt during my most recent permanent change of station move.

To sum it all up, the only negative thing about any location where I've been stationed was my attitude. Once I gave my surroundings and myself a chance, I found that no matter where I was stationed, I was truly blessed.

My commander recently volunteered for an assignment to Minot AFB, N. D. He was very excited when he got the news that his request had been approved.

When he gave me the news, I somewhat regressed and asked him, "Why in the world would you ever want to go to North Dakota?" He asked me if I had ever been there. As I stood with egg on my face, I remembered that every

person I had ever met who had been stationed at Minot said it was a very good assignment.

Again, it's all about attitude. Even at this stage in my career, attitude is something that applies to every task or relationship I undertake.

So if you think you don't like your present location, job assignment or co-worker, take a little time to reflect on where you are in life. Count your blessings and take a positive attitude in whatever you do. Be careful — you just might start to enjoy that undertaking!

We throw a lot of quotes around in the military on a daily basis, so here's one more. "When life throws you lemons, make lemonade." You will be surprised how sweet the taste can be.

First Word

Seatbelts save lives ... but only if you *use* them

Tech. Sgt. Vincent Dotson

*325th Fighter Wing
public affairs office*

In 1998 alone, 5,000 passengers lost their lives on Florida highways due to not buckling up.

Safety belts are your best protection in a crash. They are designed so the strongest areas of your body — your hip bones, shoulders and chest — absorb forces in a crash. A seatbelt also keeps you in place so your head, face and chest are less likely to strike the steering wheel or windshield

and keep you from being ejected from the vehicle.

Ejection can happen to any of us who do not wear a seatbelt and did to a 28-year-old Air Force Reserve Officer Training Cadet last August.

The member was traveling as part of a 15 person training unit, enroute to the airport after completion of training. Prior to departure, all members were briefed on safety requirements and seatbelt use. Our fellow Air Force member boarded an eight-passenger van with nine other folks. One individual was transferred to another van due to lack of a seatbelt.

Somewhere along the trip, the Air Force member unbuckled his seatbelt for better comfort and went to sleep. While traveling at the posted speed limit, the vehicle’s right rear tire blew, causing the driver to lose control. The van went off the pavement, hit the median and began to roll. The Air Force member without his seatbelt buckled was ejected and the van rolled over and killed him.

Further investigation of the mishap revealed three of the tires, including the one

that blew, were retreads. This was a contributing factor in the mishap. However, the death was a result of a decision not to wear a seatbelt — one that will scar his family forever.

How many of us have traveled down the highway on a long trip, set the seat back and unbuckled our seatbelt for a comfortable nap? Every year, accidents like this happen to innocent families as they wait for a loved one to come home. Take the time to have a safe and enjoyable trip on the road.

National Prayer Luncheon offers chance to say thank you

Lt. Col. Daniel Nigolian

*325th Fighter Wing
chaplain*

What have you done so far this century? You haven’t been to a National Prayer Luncheon! The first one of the 21st century is 11:30 a.m. Thursday in Hangar 5.

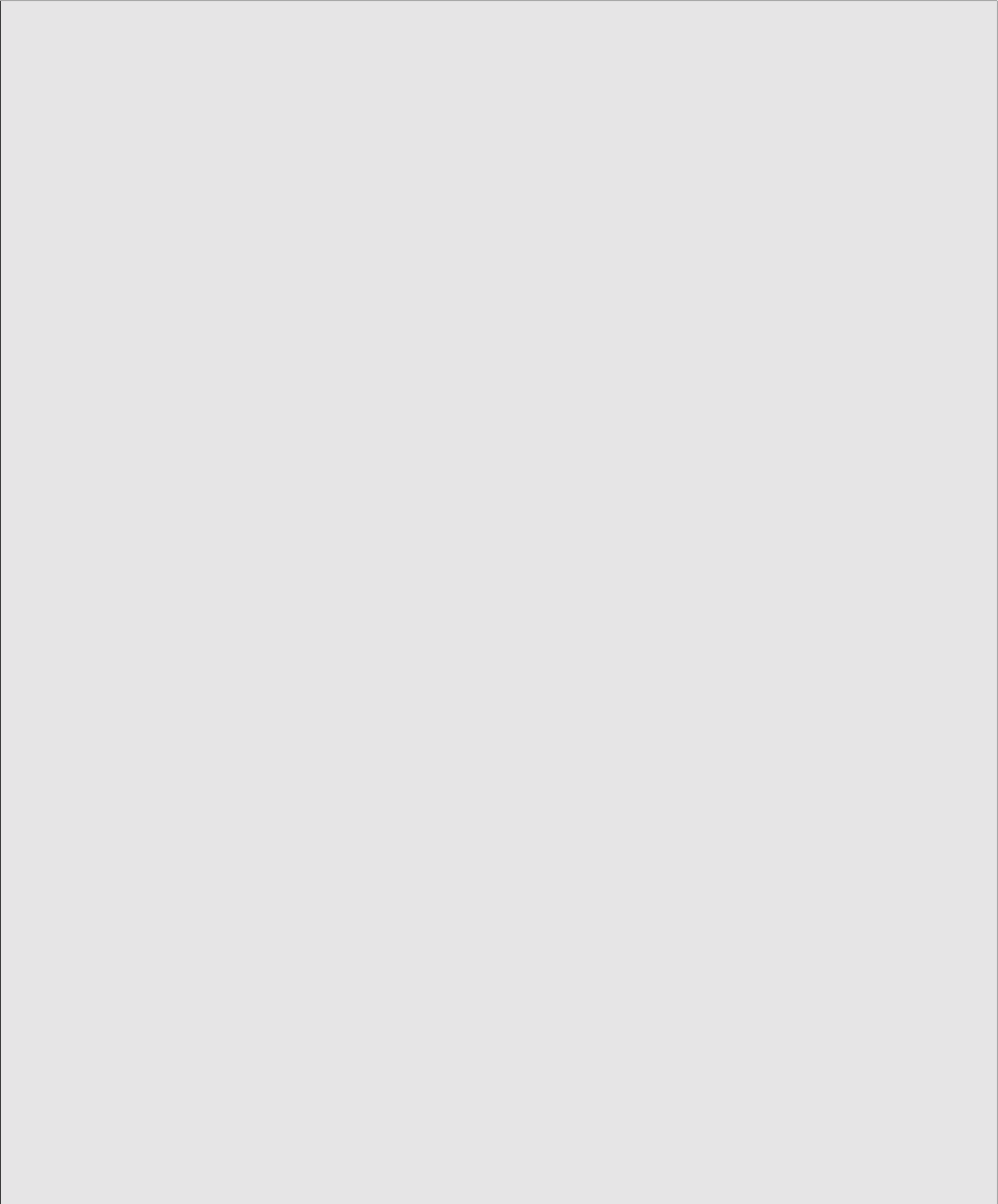
Our featured speaker will be Col. Charles C. Baldwin, Air Education and Training Command chaplain.

I’m sure you’ve heard the expression, “Been there, done that, got the T-shirt.” Baldwin has a whole wardrobe of T-shirts, and he’s picked up some awards along the way too. Since his graduation from the Air Force Academy in 1969, he has been an EC-121 Airborne Warning and Control System pilot, an HH-53 rescue helicopter pilot, a commandant at the Chaplain Service Institute and a command-level chaplain for Space Command. If that’s not enough, he’s also attended seminary to become an ordained minister of the Southern Baptist Church in his spare time. He can certainly tell a story or two, and he can tell them really well!

We, as Americans, have much to be grateful for. In the military, we know first hand the cost of winning and maintaining our freedom. The National Prayer Luncheon is an ideal opportunity for all of us to join together and give thanks for the many blessings we enjoy. By God’s grace, we lead the world in many areas. Let us also be leaders in recognizing and appreciating the importance of God in our lives and the life of our nation.

To eliminate traffic congestion for this event, base personnel on the support side of the base can catch a shuttle bus starting at 10:45 a.m. behind Building 662. The bus is scheduled in 15 minute intervals.

For more information on how you can get a free ticket for this luncheon, call the chapel, 283-2925, or talk to your first sergeant.



Spotlight

Staff Sgt. Casey S. Osborne

Squadron: 325th Security Forces Squadron

Job title: Combat arms instructor apprentice

Years at Tyndall: One year

Years in Air Force: Eight years

Hometown: Pensacola

Why did you join the Air Force: To be a registered nurse.

What is the most exciting facet of your job: Meeting people from other squadrons.

Short-term goals: Complete my combat arms technical school.

Long-term goals: Receive nursing and an electronic's degrees.



Senior Airman Oshawyn Jefferson

'Valentines for Vets'



Volunteer for the 'Valentines for Vets' program and thank a veteranfor the sacrifices they've made for our country!

For more information about this worth while annual event, call Senior Airman Amy Delvalle, 283-2009.

Tyndall's chapel schedule

Protestant
Communion Service 9:30 a.m. Chapel 1
General Protestant Service 11:00 a.m. Chapel 2
Sunday school 9:30 a.m. Chapel 2
Catholic
Daily Mass: noon Monday through Friday, Chapel 2;
Reconciliation: 4 p.m. Saturday
Mass: 5 p.m. Saturday, Chapel 2
Mass: 9:30 a.m. Sunday, Chapel 2
Religious education: 10:40 a.m. Sunday, Chapel 2
E-mail: 325fwhc@tyndall.af.mil
Chapel 1: 283-2691
Chapel 2: 283-2925
Spiritual Maintenance: 283-2367
Other faith groups: Call 283-2925

There's only one way to come out ahead of the pack.

QUIT



American Heart Association
WE'RE FIGHTING FOR YOUR LIFE

1999 Annual Awards Nominees

63 Tyndall members to be honored at awards banquet

Staff Sgt. Mona Ferrell

*325th Fighter Wing
public affairs*

The Pelican Reef Enlisted Club will be filled with excitement Saturday when 63 Team

Tyndall members take center stage for the 1999 Annual Awards Banquet.

The banquet, which begins with a 6 p.m. social hour followed by a 7 p.m. dinner, is held once a year to recognize Tyndall's finest airmen, NCOs, senior NCOs, first sergeants, company grade officers, volunteers, honor guard members and civilians.

Brig. Gen. Walter E. Buchanan III, 325th Fighter Wing commander, will be the speaker at the event. After the general's speech, the awards ceremony for Tyndall's 1999 nominees will begin.

The nine categories are: Airman of the Year — eight nominees; NCO of the Year — nine nominees; Senior NCO of the Year — nine nominees; Company Grade Officer of the Year — 10 nominees; Volunteer of the Year — three nominees; First Sergeant of the Year — 10 nominees; Honor Guard Member of the Year — two nominees and Civilian of the Year — 12 nominees in two different categories.

Nominees were selected for their leadership abilities, job performance, significant self-improvement and their articulate and positive representation of the Air Force throughout the base and the community.

Although at the end of the awards ceremony only one person from each category will receive awards, all nominees are Team Tyndall's best of the best.

Airman of the Year



Airman 1st Class Kimberly Azaria
325th Training Squadron



Senior Airman Eric Bush
325th Logistics Support Squadron



Senior Airman Jennifer Crockett
325th Medical Support Squadron



Senior Airman Vilmarys Crossen
325th Communications Squadron



Staff Sgt. Viola Goodwin
1st Air Force



Senior Airman Marcel Hildebrand
Southeast Air Defense Sector



Senior Airman Paul Markwalter
Det. 1, 823rd RED HORSE Squadron



Airman 1st Class Kimberly Matchett
53rd Weapons Evaluation Group

NCO of the Year



Tech. Sgt. Richard DeRousse
Southeast Air Defense Sector



Tech. Sgt. Philip Gumbs
53rd Weapons Evaluation Group



Tech. Sgt. Kent Haines
325th Security Forces Squadron



Tech. Sgt. Brian Howard
NCO Academy



Staff Sgt. Nichole Reynolds
325th Dental Squadron



Sgt. Gary Rideout
1st Air Force (Canadian Forces)



Tech. Sgt. Steven Russell
Air Force Civil Engineer Support Agency



Staff Sgt. Chad Sandmann
325th Maintenance Squadron



Tech. Sgt. Richard Zaferis
325th Training Squadron

Senior NCO of the Year



Master Sgt. Jeffrey Amos
325th Logistics Support Squadron



Master Sgt. Clark Andrean
Det. 1, 823rd RED HORSE Squadron



Master Sgt. Ronald Brown
Air Force Civil Engineer Support Agency



Master Sgt. Patrick Calton
325th Operations Support Group



Senior Master Sgt. Dean Kashiwabara
53rd Weapons Evaluation Group



Master Sgt. Tony Senterfitt
Southeast Air Defense Sector



Master Sgt. Leslie Snyder
325th Security Forces Squadron



Master Sgt. Avril Tolbert
325th Medical Operations Squadron

Company Grade Officer of the Year



1st Lt. Lisa Ackert
Air Force Research Laboratory



Capt. Orlando Acosta
325th Training Squadron



Capt. Ann Ervin
Southeast Air Defense Sector



2nd Lt. Robert Gellner
325th Maintenance Squadron



Capt. Dathan Jones
Air Force Civil Engineer Support Agency



Capt. Mike Kincaid
53rd Weapons Evaluation Group



Capt. Brenda Roberts
325th Medical Operations Squadron



Capt. Kevin Russo
325th Communications Squadron

SNCO nominee not pictured:
Master Sgt. Christopher Campbell
1st Air Force

Volunteer of the Year



Sarita Jo Cravy
Air Force Civil Engineer



Shirley Dunn



Kathryn Lowder

CGO nominees not pictured:
Capt. Michael Reichard
1st Air Force
Capt. Patrick Davis
Det. 1, 85th Test and Evaluation Squadron

First Sergeant of the Year



Master Sgt. John Brandon
325th Training Squadron



Master Sgt. John Bresnahan
325th Operations Support Squadron



Master Sgt. Brenda Davis
2nd Fighter Squadron



Master Sgt. Raymond Frez
53rd Weapons Evaluation Group



Senior Master Sgt. Samuel Kimbrel
325th Communications Squadron



Master Sgt. Tommy Kirk
95th Fighter Squadron



Senior Master Sgt. Lewis Mohr
1st Fighter Squadron



Master Sgt. Anthony Simler
325th Logistics Support Squadron



Master Sgt. Jeff Vaughn
325th Mission Support Squadron

First sergeant nominee not pictured:
Master Sgt. Michael Martin
325th Maintenance Squadron

Civilian of the Year — Category II



James Blanchard
325th Medical Support Squadron



William Camp
53rd Weapons Evaluation Group



Wallace Dicks
325th Communications Squadron



Ralph Gruber
Air Force Civil Engineer Support Agency



Russell Roderick
325th Contracting Squadron



Mackey Tyndall
325th Training Squadron



Gilbert Walker
Det. 1, 85th Test and Evaluation Squadron

Honor Guard Member of the Year



Airman 1st Class
Joshua Bragg
325th Training Squadron



Airman 1st Class
Thomas Robinson Jr.
95th Fighter Squadron

Civilian of the Year — Category I



Timothy Eicher
325th Training Squadron



Cynthia Owen
53rd Weapons Evaluation
Group



Ruth Preston
325th Communications
Squadron



Sandra Weickert
Air Force Civil Engineer Support
Agency



Linda Yeager
325th Aerospace Medicine
Squadron



Thursday is karaoke night
at the Pelican Reef Enlisted
Club. Show up and sing or
listen from 8 -11 p.m.

**Your link
to what's going on**

Gulf Guide

**in the
Tyndall community**

FEBRUARY

FRI 11

'Valentines for Vets'

Today is the last day to volunteer for this year's 'Valentines for Vets' event. Participants will be visiting veterans in eight local-area nursing centers on Monday, Valentine's Day. Visits will take place at different times throughout the day, and nursing center assignments, maps and directions will be given out by close of business today. For more information, call Senior Airman Amy Delvalle, 283-2009 or 283-3819.

Troy State University registration

Registration for Troy State University's session II of the spring term is today through March 8 in the education building, Room 44A. For more information, call 283-4449.

Resume workshop

A resume workshop is 8 a.m.-noon today in the family support center classroom. Assistance will be given in resume preparation and production. For more information or reservations, call the family support center, 283-4205.

SAT 12

Annual awards banquet

The Team Tyndall Annual Awards Banquet will be 6 p.m. Saturday at the Pelican Reef Enlisted Club. The dress will be mess dress and semi-formal. For more information, call your first sergeant.

Valentine's social

Tyndall's Catholic Women of the Chapel's Valentine's social will be 5 p.m. Saturday at Chapel 2. Mass and the blessing of marriage vows will be followed by a pot-luck dinner in the chapel annex. For more information or reservations, call 283-3238.

SUN 13

Sweethearts celebration

Tyndall's Protestant Chapel's Sweethearts Forever celebration will be 5 p.m. Sunday at Chapel 2. Marriage vows will be exchanged with a dessert social following. Music will be provided by *Clear Voice*. Anyone interested in participating can respond by Monday. For more information, call Lana Andrean, 283-2925.

MON 14

Sailing fundamentals class

The Coast Guard Auxiliary Flotilla 19's sailing fundamentals class will be 7-9 p.m. Monday in the auxiliary classroom next to the Coast Guard station. This course will meet Mondays and Wednesdays through March 6. The class will teach seamanship and navigation rules. There is no charge for the instruction, but a \$25 material charge is necessary for the book and study guide. For more information, call 769-1896 or 785-7596.

Hope for the heart retreat

Tyndall's Protestant Women of the Chapel's Hope for the Heart retreat will be Feb. 18-19 at the Lynn Haven Methodist Church. Anyone interested in attending can respond by Monday. For more information, call Lana Andrean, 283-2925.

TUE 15

Building managers' training

A training session for building managers and alternates will be 8-11 a.m. Tuesday and Wednesday in the 53rd Weapons Evaluation Group auditorium. Managers and alternates will be requested to attend one of the sessions. For more information, call Robyn Colburn, 283-3126.

AFSA meeting

The Air Force Sergeants' Association's general membership meeting will be 11:30 a.m. Tuesday in the community activities center. The meeting is open to all active and retired personnel.

Easter cantata rehearsals

Easter cantata rehearsals will be 6:30-8 p.m. Tuesdays in Chapel 2. For more information, call 283-2925.

WED 16

NCO association meeting

The NCO Association's Chapter 1635 general membership meeting will be 11:30 a.m. Wednesday in the NCO Academy auditorium. All active-duty and retired enlisted personnel are invited to attend. For more information, call Staff Sgt. Robert Barnett, 283-8734.

TBHC annual luncheon

The Tyndall Black Heritage Committee's Annual Luncheon will be 11 a.m.-12:30 p.m. Wednesday at the Pelican Reef Enlisted Club. The guest speaker will be Col. Clinton Wallace. Tickets are \$8 per person. For more information, call Master Sgt. Dennis J. Moore, 283-4764.

THU 17

National prayer luncheon

Tyndall's first national prayer luncheon of the new millennium will be 11:30 a.m. Thursday in Hangar 5. Col. Charles Baldwin, Air Education and Training Command command chaplain, will be the featured speaker. Free tickets may be obtained from your first sergeants or the base chapel. For more information, call Chaplain Eliezer Castanon, 283-2925.

MON 21

Commissary closure

The commissary will be closed Feb. 21, President's Day, and Feb. 22 for the regular Monday closure. It will reopen 9 a.m. Feb. 23.

NOTES

Military scholarship web site

GI Bill Express, a military-only scholarship web site, is available for anyone wanting information on GI Bill benefits, scholarships and military training credits. Military dependents and spouses as well as veterans and active-duty members can access the site at: <http://www.gibillexpress.com>.

Commissary ID policy

The commissary's new identification card policy provides for patron ID checks at the cash register rather than at the entry. Guests may now accompany patrons, but are not allowed to make purchases.

RETIREE NEWS

Payroll changes

Payroll changes will soon get faster and easier. The new system, Employee/Member Self-Service Program, is being implemented by the Defense Finance and Accounting Service to make it possible to change federal income tax withholding, start, stop or change allotments, change correspondence addresses and update electronic fund-transfer information by using a personal computer or toll-free number.

Implementation will be in two phases, targeted to begin this month with retirees, surviving beneficiaries, Marines and civilian employees first. Individuals will receive a letter with a temporary personal identification number which can be customized the first time the system is used. The letter will also contain the web site address and toll free number to access the system.

Change of address

Requests for change of address continue to be received in the Tyndall Retiree Activities Office. The RAO cannot change addresses. Retirees can send address changes to: DFAS-Cleveland Center, DFAS-CL/FRB, P. O. Box 99191, Cleveland, Ohio 44199-1126.

YARD SALES

The following yard sale is scheduled for Saturday: 3190-B Constellation Circle. All yard sales are held between 8 a.m.-4 p.m.

BASE THEATER

Today: "Deuce Bigalow: Male Gigolo" (R, sexual content, language and crude humor, 88 min.)

Saturday: 7 p.m. — "Toy Story 2" (G, animated, 93 min.)
9 p.m. — "Deuce Bigalow: Male Gigolo" (R, sexual content, language and crude humor, 88 min.)

Sunday: "Man on the Moon" (R, language, brief sexuality and nudity, 118 min.)

Thursday: "Man on the Moon" (R, language, brief sexuality and nudity, 118 min.)

BERG LILES DINING FACILITY

Today:

Lunch: barbecued chicken, steak strips smothered in onions

Dinner: tomato meat loaf, baked tuna and noodles

Saturday:

Lunch: stuffed green peppers, roasted turkey

Dinner: herb-baked chicken, southern-fried catfish fillets

Sunday:

Lunch: vegetarian lasagna, chicken Parmesan

Dinner: beef balls stroganoff, lemon-baked fish

Monday:

Lunch: beef pot pie with biscuit topping, chicken breast with orange glaze

Dinner: Cajun meat loaf, crispy-baked chicken

Tuesday:

Lunch: pancit chicken, beef porcupines

Dinner: grilled ham steak, chili macaroni

Wednesday:

Lunch: lasagna, veal Parmesan

Dinner: fish and chips, baked Italian sausage

Thursday:

Lunch: baked ham, hot and spicy chicken

Dinner: pork chow mein, lemon-basted sole

Menus are subject to change.

TRICARE benefits for expectant mothers explained

Courtesy of the TRICARE Service Center

Some women seem to breeze through their pregnancies, while others experience difficulties along the way. Statistics show that expectant mothers can prevent or minimize these difficulties by obtaining medical support throughout their pregnancies.

Once a pregnancy has been confirmed, the expectant mother is referred for prenatal care under the Prenatal Management Program. This care is covered under one authorization called a Global Maternity Authorization and includes regular checkups, delivery of the baby and post delivery care.

For TRICARE Prime and Extra beneficiaries and active-duty Standard family members, these services are covered under one fee. Out-of-pocket expenses are determined by the type of TRICARE plan and military status. Medical services that

may require additional copayments include the initial office visit at which the pregnancy is confirmed, lab tests and anesthesia. Prenatal ultrasound testing is covered only for high-risk pregnancies. High-risk pregnancies occur when specific conditions are present, such as complications, infections or multiple births. Medical care for conditions unrelated to pregnancy is still provided by the Primary Care Manager.

Normally, non-Prime beneficiaries living in a Military Treatment Facility catchment area who wish to receive non-emergency inpatient or outpatient maternity care from a civilian health care provider must obtain a non-availability statement from the MTF first. However, Tyndall is no longer considered a catchment area and a NAS is not required for non-Prime beneficiaries.

The TRICARE Prenatal Management Program provides both medical care and education for

pregnant women. The program encourages regular prenatal checkups with the doctor, who monitors the baby's and mother's progress, discusses appropriate prenatal behaviors and recommends preventive healthcare services available through TRICARE. To lend further support, a Humana Military Healthcare Services health care finder contacts the expectant mother sometime around the 20th week of pregnancy to check on the progress of her pregnancy and answer any questions that she may have.

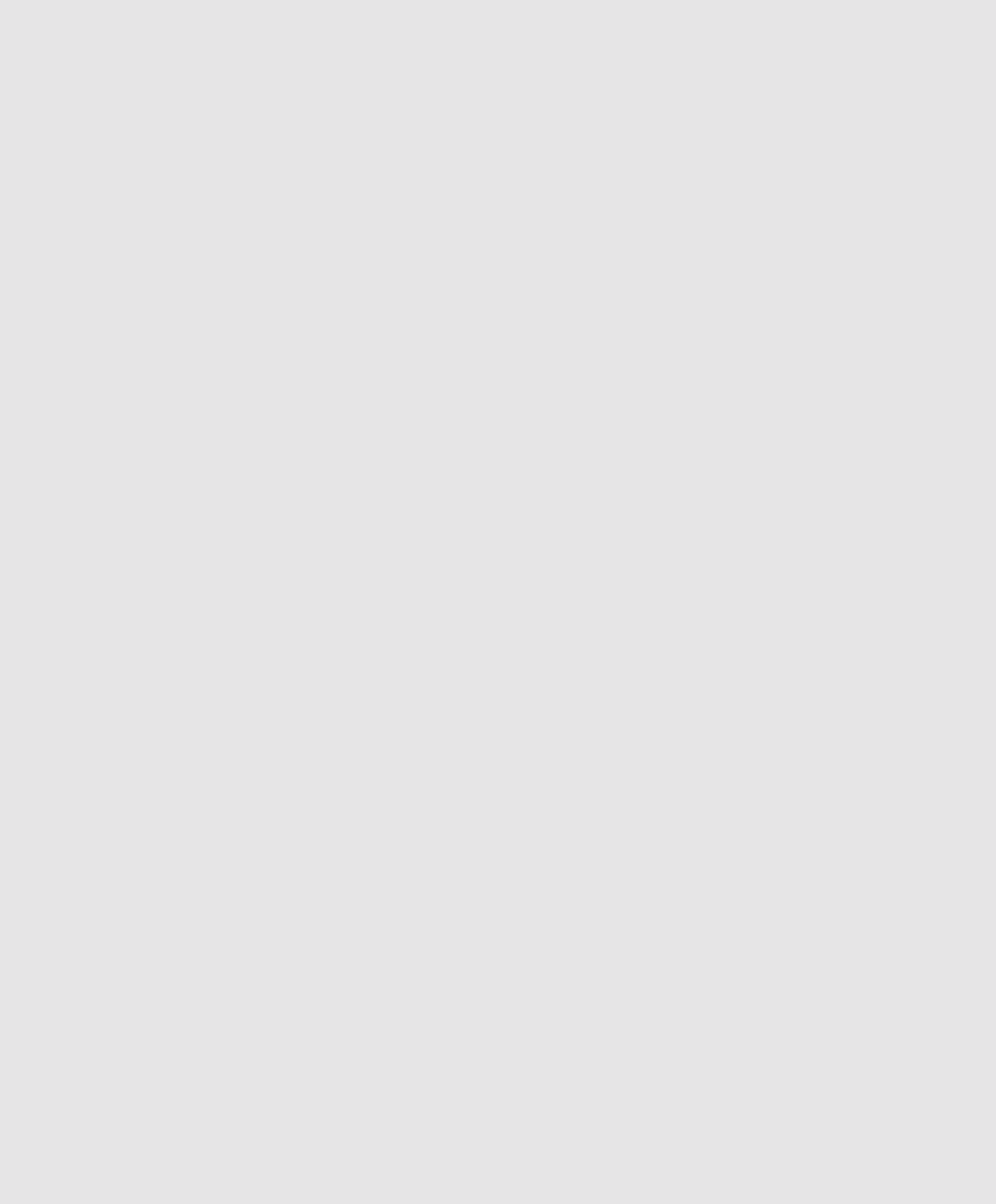
HMHS also offers the Prenatal Risk Assessment Program, which assists physicians in identifying high-risk pregnancies. All TRICARE expectant mothers are asked to participate in an initial assessment shortly after their pregnancy is confirmed. Using the information provided by the expectant mother, HMHS Health Care Finders identify individual risk factors. For pregnancies that have

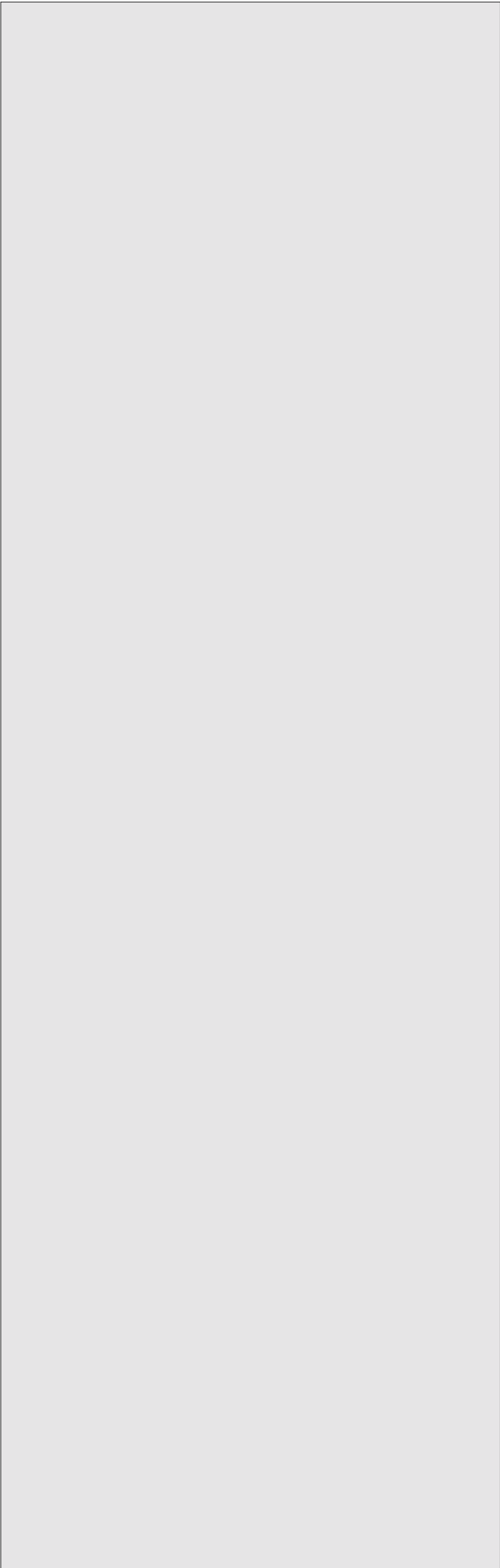
potential risk factors, specially trained case managers are available to provide assistance to the expectant mothers and their doctors.

Expectant mothers who are planning to travel should always check with their physician before leaving. TRICARE Prime beneficiaries who anticipate a temporary or permanent relocation during pregnancy should also contact their local TRICARE Service Center. The staff at the TSC can help change the patient's Primary Care Manager, who in turn, can refer the patient to an obstetrician. Without this assistance, Prime members may experience reduced benefits and incur additional out-of-pocket costs, since non-emergency maternity care obtained outside the service area is covered under the point-of-service option.

For more information about maternity benefits, call the beneficiary services Line, (800)444-5445 or visit your local TRICARE Service Center.







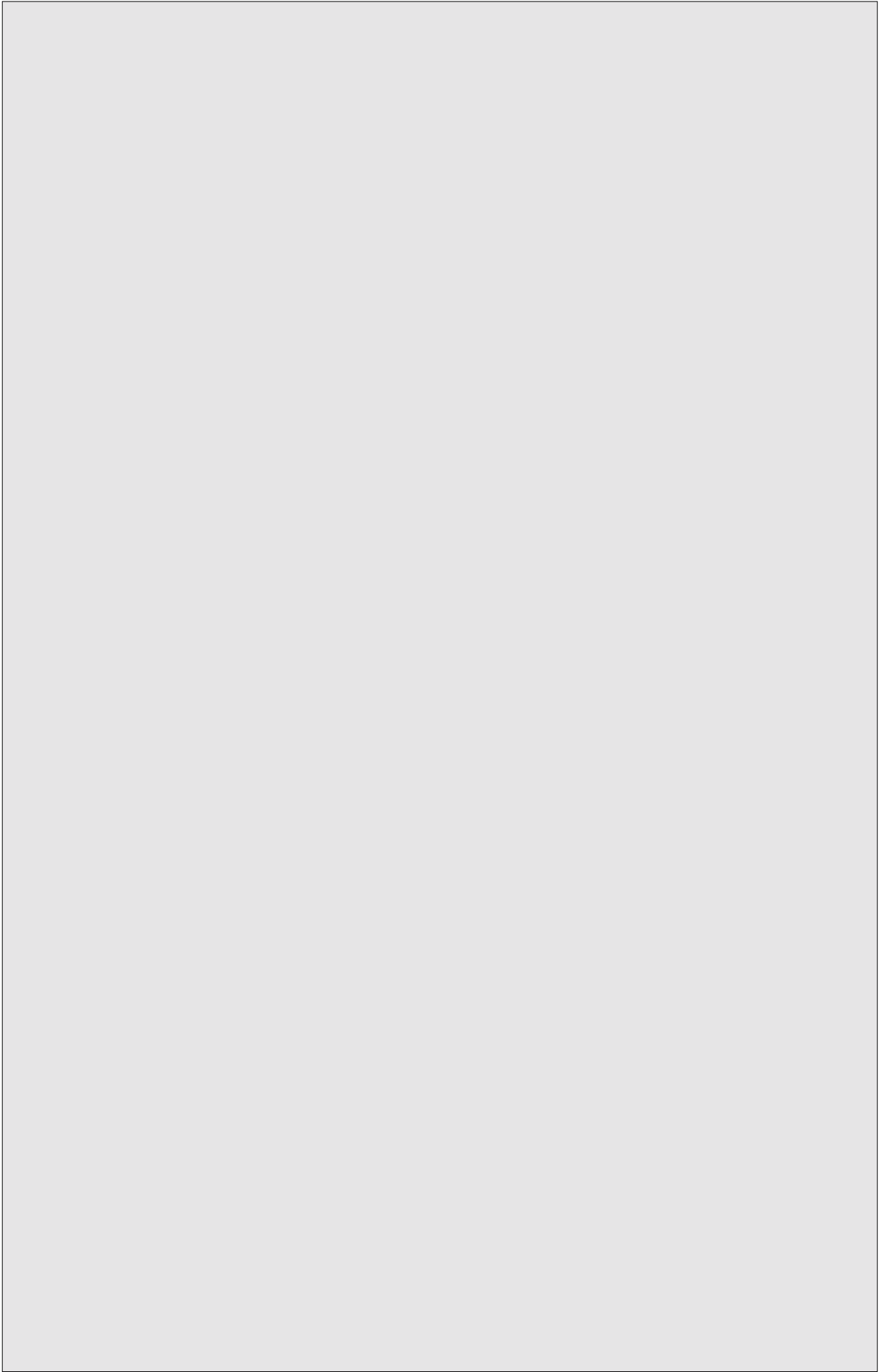
Sports and fitness

Sports shorts

●Tyndall will have a basket-ball shootout 10 a.m. Feb. 19 at the Tyndall Sports and Fitness Center. The shootout will consist of a free-throw and three-point contest. Each squadron will be allowed to have five players participate in

the events. Deadline for entry is Thursday. If anyone is interested in participating, call Senior Airman Scott Linza, 283-2631. ●Men’s and women’s varsity softball coaches are needed for the upcoming season, which begins April 1. Anyone interested

may apply at the Tyndall Sports and Fitness Center. For more information, call Lou South, 283-2631. *(Editor’s note: Please submit sports shorts to the Tyndall Sports and Fitness Center, 283-2631.)*



Falcons take Tigers by the tail in SEMAC action 86-81, 69-61

Courtesy of the Tyndall Tigers

The Tyndall Tigers Men's Varsity Basketball Team, sponsored by King Aerospace, came up on the losing end of two closely-contested games against the Falcons from Robins AFB, Ga. in Southeastern Military Athletic Conference action Saturday and Sunday.

The first game started out beautifully for the Tigers as they jumped out to a double-digit lead, 16-5, only to see the Falcons go on a 40-13 run to take a 45-29 lead at halftime. Robins took advantage of Tyndall's post men being in foul trouble for much of the first half.

In the second half, the Tigers utilized a full-court press to swing the momentum back in their favor as they steadily chipped away at the Falcons' lead. With three minutes 30 seconds remaining on the clock, Tyndall enjoyed a five-point lead and appeared on the verge of putting Robins away.

Then a combination of missed free throws and turnovers enabled Robins to wrestle the lead away from the Tigers and go into their delay-game offense, forcing Tyndall to foul. Robins converted eight out of 10 free throws to seal a 86-81 victory.

Aldwin Thomas led the Tigers in scoring with a career-high 20 points, followed by Andrae Lloyd, 14; Eric Bush, 13; Adarryl Crawford, 12; Redd Batiste, 11 and Malik Taylor with 10 points. Batiste, Bush and Thomas all tied for team rebounding honors with eight apiece. Batiste lead the Tigers with eight assists. Tony White led Robins in scoring with a game-high 25 points.

On Sunday, the action was reversed as Robins opened up with a 13-4 lead. Tyndall fought back to capture the lead, 25-23, only to see the Falcons go on a 9-4 run to take a 32-27 lead at halftime.

In the second half, both teams continued to dominate on the

defensive end of the court, as neither team could sustain any offensive rhythm. With four minutes remaining, Robins held a three-point lead, but four consecutive turnovers by the Tigers enabled the Falcons to extend their lead to 10 points. As in the first game, Robins went into their delay game and finished the Tigers off from the charity stripe once again, as they took the hard-fought win, 69-61.

Bush paced Tyndall in scoring with 13 points, followed by Lloyd and Batiste with 12 points apiece and Thomas with 10 points. Bush and Crawford led the Tigers in rebounding with 10 each. Batiste and Byrd both had seven assists. Anthony Smith led Robins in scoring with a game-high 17 points.

This weekend, the Tigers will welcome the Falcons from Moody AFB Ga. Game times are as follows: 3 p.m Saturday and 11 a.m. Sunday.

Intramural bowling standings

Team	W-L	Pins	HG	GB
Trend Western	113-63	70,024	977	—
325 COMM 1	106-70	70,155	1,112	7.0
325 MSS	105-71	69,234	953	8.0
AFCESA	103-73	68,931	929	10.0
2 FS	102-74	68,183	939	11.0
325 MXS 1	100-76	69,655	1,082	13.0
53 Wing 2	100-76	69,626	1,060	13.0
325 TRS 1	98-78	70,047	1,079	15.0
325 OSS	97-79	69,298	999	16.0
325 CES	97-79	69,229	956	16.0
325 SVS	93-83	66,311	934	20.0
325 COMM 2	92-84	68,829	881	21.0
53 Wing 1	92-84	68,794	972	21.0
1st AF/CONR	91-85	68,832	985	22.0
823 RED HORSE	88-88	68,382	961	25.0
325 SFS	88-88	68,111	997	25.0
95 FS	84-92	66,764	875	29.0
325 TRS 2	74-102	67,746	821	39.0
SEADS 2	74-102	66,889	792	39.0
1 FS	72-104	65,112	898	41.0
325 MXS 2	70-106	68,089	1,068	43.0
Contracting	67-109	67,959	926	46.0
SEADS 1	58-118	67,520	954	55.0
325 FW/Public Affairs	44-132	62,948	705	69.0

W-L = Wins and losses
Pins = Pins won during the season
HG = High game for each team
GB = Games back from first place

Come bowl a few frames at *Raptor Lanes*.

Hours of operation:
Monday-Wednesday: 10 a.m.-10 p.m.; **Thursday:** 9 a.m.-midnight; **Friday:** 10 a.m.-2 a.m.; **Saturday:** 9 a.m.-2 a.m.; **Sunday:** 1-8 p.m.

